

ADVANCED CAMP PACKAGES

	Full day	Morning ONLY	Afternoon ONLY
\$ PRICE PER WEEK	\$520	\$390	\$300

FULL DAY OPTION A: 8AM - 2:30PM **MORNING ONLY: 8-11:30AM**
FULL DAY OPTION B: 9:30AM - 4PM **AFTERNOON ONLY: 2-4PM**

REGISTRATION FORM

IA Excellence Tennis Summer Camp 2024

First Name: _____ Last Name: _____

Gender: Male ☐ Female ☐ Age: _____

Advanced Full day ☐ Advanced Morning Only ☐

Advanced Afternoon only ☐

of weeks: _____

Mailing Address: _____ City: _____ State: _____

Home: _____ Email: _____

Phone: _____ Cell Phone: _____

EMERGENCY CONTACT:

First & Last Name: _____ Contact: _____

Phone: _____

Things to know about registered student(i.e. asthma, allergies, etc)

Waiver & Release I certify that myself (applicant) or my child(ren), is, are in good health and can participate in the daily activities unless otherwise notified. I will not hold Park Avenue Tennis Center LLC and IA Excellence LLC or any instructor liable for any injury or accident that occurs while my child is participating in this program. In case of an injury, I grant Park Avenue Tennis Center LLC and IA Excellence LLC Staff permission to administer standard first aid treatment on site or to transport my child to the nearest medical facility equipped to handle the injury. By signing below, I also certify that my child(ren's) pictures may be used by Park Avenue Tennis Center LLC and IA Excellence LLC for promotional purposes on Park Avenue Tennis Center LLC and IA Excellence LLC website and in printed promotional items.

Signature of Parent/Guardian: _____

WHY US?

Because we are thinking differently and our vision is clear.

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INSPIRING THE CHILD TO MANIFEST HIS GREATNESS.

GUIDE THEM to practice thoroughly and wisely.

ENCOURAGE THEM to develop a system of wise thoughts and smart decisions.

INSPIRE THEM to be an exemplar of the highest standard of commitment and personal values in order to become a leader that will inspire their friends in turn.

We strongly believe that our Tennis Integrated Approach is the ideal solution for the comprehensive development of our children.

Our distinctive method, Integrated Approach, extends beyond the development of fundamental technical tennis skills. Designed to challenge, stimulate, and nurture both the Mind and the Body through the acquisition of tennis skills.

We skillfully create an enjoyable and secure learning environment where our well-educated coaches driven by strong values will foster an awareness of the synergistic relationship between a strong mind and exceptional physical qualities.

Our team led by Bertrand De Ducla, Yari Voznenko, and Rodrigo Magalhães, invites you to pursue your full potential through our services.

**WE ARE DIFFERENT,
AND WE MAKE THE DIFFERENCE!**



Park Avenue Tennis Center 615 WEST PARK AVE, OAKHURST, NJ 07755
732-359-8800



Advanced CAMP



IA Excellence
TENNIS

ARE YOU READY

To take your tennis skills
to the next level?

Join our Advanced Camp this Summer designed exclusively for intermediate and advanced players seeking to elevate their game and experience a summer filled with passion for tennis!

PROGRAM HIGHLIGHTS:



SKILL DEVELOPMENT

Our experienced and certified coaches will focus on honing the skills specific to intermediate and advanced levels. From mastering powerful serves to refining your strategic gameplay, every session is crafted to enhance your overall performance on the court.



ADVANCED TECHNIQUES

Delve into advanced techniques such as topspin, slice, volleys, and effective court positioning. Our coaches will provide personalized guidance to help you incorporate these techniques seamlessly into your game.



MATCH TACTICS

Understand the art of strategy in tennis. Learn to read your opponent, anticipate shots, and develop a winning mindset. Engage in simulated match situations to apply tactical knowledge in real-time.



FITNESS AND CONDITIONING

Tennis demands physical prowess. Our program includes fitness drills and conditioning exercises tailored to the demands of intermediate and advanced gameplay. Strengthen your endurance, agility, and speed to dominate the court.



CAMP WEEK

- ✓ Week 1: June 17-21
- ✓ Week 2: June 24-28
- ✓ Week 3: July 1 - 5
(4th of July OFF)
- ✓ Week 4: July 8-12
- ✓ Week 5: July 15-19
- ✓ Week 6: July 22-26
- ✓ Week 7: July 29-Aug 2
- ✓ Week 8: Aug 5-9
- ✓ Week 9: Aug 12-16
- ✓ Week 10: Aug 19-23
- ✓ Week 11: Aug 26-30

DISCRIPTION OF CAMP ACTIVITIES:

- FIRST ON-COURT TRAINING SESSION
- MIND&BODY TRAINING
- LUNCH BREAK
- SECOND ON-COURT TRAINING SESSION
- MIND&BODY RELAXATION EXERCISES